

# ONLINE EXTREMITY/NEUROPATHY REVIEWS

[Michael](#)

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I am seeing the doctor for knee, neck, and nerve pain in my feet. My feet are doing much better. My knee pain has lessened and is feeling so much stronger and more stable. The adjustments on my neck have given me much more range of motion and less pain. I am also able to arise from a prone position much easier with no pain. I am very pleased with how my therapy sessions are going.

[William](#)

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It was a great Experience the doctor was very pro Active made me feel like I was his very best Patient His staff also Treated me with all the best care

[Richard](#)

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I highly recommend Dr. Segarra and his staff. Paige and Mindy are wonderful and make you feel like family. You can tell they care and will go the extra mile to help you. Dr. Segarra is very knowledgeable and experienced and will go over and above to help you. I went there out of desperation to alleviate my neuropathy symptoms and the treatment regimen definitely helped. If you have neuropathy, go see them at least for the initial exam. It is very thorough and he will explain the tests in as much detail as you want. There is no pressure at all. He will explain the proposed treatment plan and the rest is up to you. Again, I highly recommend them and have to say again that Paige and Mindy are absolutely wonderful! I don't want to be in pain again but if I am I know where I will go!

[Lucy](#)

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I have been seeing Dr Segarra for 5 weeks for my knees and foot problems. I was in extreme pain. Now I am practically out of pain. I am walking, sleeping and exercising better. I have to travel one way 35 minutes to get to his office, but he is well worth it. He told me I may have an autoimmune disease and I should have my blood work done. I did and I do. I am doing things to reduce my levels of inflammation.

[Elizabeth](#)

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Plantar Fasciitis - I was suffering with plantar fasciitis for about a month. Whenever I walked, any pressure on my left heel was painful and caused me to limp. I love to play pickleball, but couldn't and I missed it a LOT. On a recent trip to Charlotte NC, I visited Dr. Segarra. He provided soft tissue treatments, stretching, laser treatments and gave me a regiment for icing and exercises I could do on my own. Within a week, after only two treatments, the pain was gone and I'm back playing Pickleball. WOW - What a GREAT result..... I'd recommend him to anyone after this!!!

# ONLINE SPINAL/BACK PAIN REVIEWS

[Tony](#)

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It's a great day when you find a Real Good place like this one. My pain was in my lower back, since i have been coming here and getting treated, my pain has not returned. I look forward to each visit because the staff is excellent and caring and Dr. Segarra is simply Amazing!! I would recommend Harrisburg to all my friends and family. See for yourself.

[Erma](#)

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The office is conveniently located in Harrisburg. On the front door, a sign announces the need for mask wearing in order to enter. Staff are courteous, friendly, and efficient. Dr. Segarra is thorough in his assessment and explains his findings in layman's terms that are easily understandable. He performs adjustments with firm yet gentle hands and patiently talks the client through what he needs them to do in order for him to get the desired result. I am pleased with the services I receive and glad to be a client.

[Terry](#)

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My 1st visit. The experience was very good. I have been dealing with lower back pain and hip pain for a few years now. I am hopeful that I will finally get the help that I need. So far, I am sure that they will be able to help me.

[Beverly](#)

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I was referred to Dr. Segarra 20 years ago by my chiropractor Dr. Binder in Statesville, NC. I have been a steady customer of Dr. Segarra because of his fantastic customer service, fun personality, and caring demeanor. I highly recommend Dr. Segarra for chiropractic care and have referred him to my friends and colleagues who have visited his service.

[Kathy](#)

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I have been going to Dr Segarra for a number of years. He has addressed many of my issues and always strives to find the best solutions. He is always up to date on new treatments. His team is wonderful!

[Robert](#)

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Thorough diagnosis and treatment. Helpful and knowledgeable.

## Polly



Dr Segarra and their whole team are amazing, professional and result oriented. I called one day when I was in a lot of discomfort. Ms Mindy was so kind on the phone; that was an awesome first impression. Ms Paige is also very friendly, and you can feel her smile even through a face mask. They seem to know every patient by name. I've had an overall excellent experience! I have been to their practice regularly for a few weeks now due to neck, shoulder and hip pain. Right after my first adjustment I felt like they removed 20 pounds from over my shoulders, and the hip pain is gone. I trust their care and knowledge. They went above and beyond to show me some exercises and stretches to optimize my recovery.

## Juan



I've been to a few other chiropractors over the years, and have never had one work on both my spine and the tight muscles that contributed to the issue. Dr Segarra has done addressed both, and has also given me workouts to help strengthen my lower back. I highly recommend him to anyone that wants to improve their back pain.

## Katherine



I cannot thank Dr. S and his team enough for the exceptional care and service they provided me throughout the course of my recent pregnancy. This was my 2nd pregnancy and I am 100% confident that the care I received made my pregnancy, delivery and postpartum recovery so much better than my first pregnancy (when I was not receiving chiropractic services). The adjustments received in office, as well as the at home stretches and suggestions provided throughout my pregnancy not only made me feel better in the present, but without a doubt contributed to a quick, easy delivery of my daughter and recovery for myself. I would definitely recommend his services in general and of course for any moms to be!

## Mike



I have been going to Harrisburg Chiropractic for a while so I made an appointment with Dr. Segarra and he worked me in the next day. I trusted him more than some unknown PA at the urgent care who would just shrug and give me pain meds. Dr. Segarra actually pinpointed the problem area and started working on it. I left there feeling like my back was able to move more than before. Thanks again to Paige and the others on staff at Harrisburg wellness!!

## Michele



My husband Albert was a patient at Harrisburg Chiropractic Dr Andrew Segarra for the 1st time today. The doctor was very thorough and spent a lot of time getting to the bottom of Al's issues and what was causing his pain to insure he addressed his needs properly. Their patience in answering any questions we had put us at ease in choosing this office on the phone before we came in for the appointment. She is an asset to the practice.

## Sandra

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I came to the Wellness Center in a lot of pain. They were compassionate and listened to me. I'm on a treatment plan and on my way to healing and feeling so much better. I'm grateful to have found this amazing staff and will recommend to family and friends.

## Jevonee

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I started looking for a chiropractor because I had severe neck and shoulder pain. I was suffering from headaches, pinched nerves on a frequent basis, I could barely turn my head to the sides, and I was having trouble lifting things and looking down to read. My upper shoulders and neck muscles were so tight I could constantly feel the pressure. This was the first chiropractor I ever visited, I chose Harrisburg Wellness in the beginning because of their quick and personal response to get me in for a consultation. On my first visit Dr. Segarra gave me a full explanation on why I was hurting and had such little mobility. He used my x-ray and diagrams to show me what was happening with my spine and he was very detailed which made me much more confident in his ability to treat me. I did the treatment plan of 2-3 days a week for 4-6 weeks and it made an incredible difference! I didn't have the pressure anymore, I could actually turn my head left and right, I had less headaches. I have been going back for maintenance sessions every four weeks for the last year. If I miss a session and don't go for maintenance, I can start to feel that tightness and pressure coming back. Dr. Segarra is also constantly educating himself to learn new and better methods of treatment in order to provide a better experience and to help more and more people with a variety of issues. Page and Mindy are absolutely amazing too, they are so kind and personable, almost like they are good friends of mine! The whole team at Harrisburg Wellness go above and beyond to make it a great experience and keep me feeling healthy!

## Chet

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Our Chiropractic doctor closed his practice and had to look for another doctor. Every negative has a positive. In this case it is Dr. Segarra and his team Mindy and Paige. The extensive care to our specific needs is care we have never received in all our years of chiropractic care. Dr. Segarra will improve your quality of life.

## Chiquita

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It so nice to come to a place that feels like family while they take great care of you! Always a great upbeat attitude and great service. I can't go to long without coming in for treatment it def has helped me feel my best and keeps my pain away. I am feeling way better than I have in a long time. Then today they celebrated my birthday with me. This office has helped me to manage my pain so I can go back to living my best life keeping active doing the things I like most.

## Angela

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Recently started going to Harrisburg Chiropractic. Dr. Segarra is great!. Everyone is willing to work with you and willing to help you in every way they can. I would highly recommend!!!

[Lori B](#)

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I had so much pain and stiffness in my neck when I went to see Dr. Segarra, I could barely turn my head. I was having migraines regularly, daily sometimes even. I've experienced significant relief in just a few months, can turn my head to look over my shoulder without issues, migraines are now very few and far between.

[Richard](#)

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The best Chiropractic Services in the area. If you need a Chiropractor believe me, this is the place you need to be. They have helped me immensely with Back, Shoulder, leg, and Neck Pain. Thanks to Paige, Mindy and Dr. Segarra for their services and Professionalism.